











# MENU

Week 1	 Monday	Tuesday	Wednesday	Thursday	 Friday
Main Dish	Vegetarian sausage, red onion gravy and champ mash potato	Fiery Mexican chilli, brown rice, sour cream and sa 	Roast chicken, crispy roast potatoes and gravy	Chicken Singapore noodles	Crispy battered fish with chunky chips
Vegetarian Main Dish	 Sweet potato and squash stew with pea and mint couscous	Quorn and vegetable lasagne with garlic bread 	Cheesy potato and leek pie topped with puff pastry served with crispy roast potatoes	 Cheese & broccoli quiche	 Falafel in a pitta with crunchy slaw and chunky chips
Accompaniments 	Garden peas Salad bar	Corn of the cob Salad bar	Carrots and Broccoli Salad bar	Green beans Salad bar	Mushy peas Baked beans Salad bar
Street Food	Jacket Potato TUGO Pizza	Jacket Potato Love Joes chicken wrap	Jacket Potato TUGO Pizza	Jacket Potato Love Joes chicken pitta	Jacket Potato TUGO Pizza
Bamboo @ the pod	 Bamboo pasta selection of the day	Bamboo pasta selection of the day	Bamboo pasta selection of the day	Bamboo pasta selection of the day	Bamboo pasta selection of the day
Cold G&G	Baguettes, sandwiches, wraps & salads	Baguettes, sandwiches, wraps & salads	Baguettes, sandwiches, wraps & salads	Baguettes, sandwiches, wraps & salads	Baguettes, sandwiches, wraps & salads
Desserts	Selection of home-bakes, dessert pots & fruit pots	Selection of home-bakes, dessert pots & fruit pots	Selection of home-bakes, dessert pots & fruit pots	Selection of home-bakes, dessert pots & fruit pots 	Selection of home-bakes, dessert pots & fruit pots

**KEY**



1 OF YOUR 5 A DAY



MEAT-FREE (VEGETARIAN)



CHEF'S CHOICE















PLANT-BASED (VEGAN)

**\*Allergens and intolerances\*** All of our food is lovingly hand crafted and prepared on site daily. We have an allergen procedure in place, so please ensure you make our catering team aware of your allergens/ your child's allergens prior to using the restaurant. Our kitchens are used for multi-purpose production so we cannot guarantee the above dishes are completely free from allergenic ingredients or traces of these.

*Mellors*  
**FOOD  
HAPPY**

# MENU

Week 2	 Monday	Tuesday	Wednesday	Thursday	Friday 
Main Dish	 Mac & Cheese with garlic bread	Chicken biriyani, homemade naan bread and chilli and coriander chutney 	Roast chicken, sage and onion stuffing and gravy served with creamy mash potato 	Lasagne with toasted garlic bread	Crispy battered fish goujons with chunky chips
Vegetarian Main Dish	 No-chicken teriyaki noodles	 Piri Piri Quorn fillet with lemon couscous & tomato salsa	Quorn roast, sage and onion stuffing and gravy served with creamy mash potato	 Squash and chickpea Balti with pilau rice	 Mexican Quorn burrito with salsa
Accompaniments 	Steamed broccoli Salad bar	Green beans Salad bar	Seasonal vegetables Salad bar	Garden peas Salad bar	Mushy peas Baked beans Salad bar
Street Food Bamboo @ the pod	 Jacket Potato TUGO Pizza Bamboo pasta selection of the day	Jacket Potato Love Joes chicken wrap Bamboo pasta selection of the day	Jacket Potato TUGO Pizza Bamboo pasta selection of the day	 Jacket Potato Love Joes chicken pitta Bamboo pasta selection of the day	Jacket Potato TUGO Pizza Bamboo pasta selection of the day
Cold G&G	Baguettes, sandwiches, wraps & salads	Baguettes, sandwiches, wraps & salads	Baguettes, sandwiches, wraps & salads	Baguettes, sandwiches, wraps & salads	Baguettes, sandwiches, wraps & salads
Dessert	Selection of home-bakes, dessert pots & fruit pots	Selection of home-bakes, dessert pots & fruit pots	Selection of home-bakes, dessert pots & fruit pots	Selection of home-bakes, dessert pots & fruit pots	Selection of home-bakes, dessert pots & fruit pots

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Mellors  
FOOD  
HAPPY

# MENU

Week 3	Monday	Tuesday	Wednesday	Thursday	Friday 
<b>Main Dish</b>	Beef burger slider with wedges	 Creamy chicken and leek pie with a golden pastry top served with mash potatoes	Roast Turkey with crispy roast potatoes and gravy 	Hareem's chicken curry with rice and naan bread	Jumbo fish fingers served with chunky chips
<b>Vegetarian Main Dish</b>	 Vegetable tikka masala with pilau rice and cucumber raita	Vegetable moussaka 	Vegetarian cottage pie with gravy	 Spiced vegetable jambalaya	 Roasted Mediterranean vegetable calzone
<b>Accompaniments</b> 	Sweetcorn Salad bar	Carrot batons Salad bar	Braised red cabbage Salad bar	Green beans Salad bar	Mushy peas Baked beans Salad bar
<b>Street Food</b> <b>Bamboo @ the pod</b>	Jacket Potato TUGO Pizza Bamboo pasta selection of the day	 Jacket Potato Love Joes chicken wrap Bamboo pasta selection of the day	Jacket Potato TUGO Pizza Bamboo pasta selection of the day	 Jacket Potato Love Joes chicken pitta Bamboo pasta selection of the day	Jacket Potato TUGO Pizza Bamboo pasta selection of the day
<b>Italian Daily Special</b>	Baguettes, sandwiches, wraps & salads	Baguettes, sandwiches, wraps & salads	Baguettes, sandwiches, wraps & salads	Baguettes, sandwiches, wraps & salads	Baguettes, sandwiches, wraps & salads
<b>Dessert</b>	Selection of home-bakes, dessert pots & fruit pots	Selection of home-bakes, dessert pots & fruit pots	Selection of home-bakes, dessert pots & fruit pots	Selection of home-bakes, dessert pots & fruit pots	Selection of home-bakes, dessert pots & fruit pots

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