



# Pause.

## SUMMER ACTIVITIES WORKSHOPS 2025

FOR VARIOUS AGE GROUPS

LOTS OF ACTIVITIES TO TRY!

DESIGN & PAINT YOUR OWN  
FLOWER POT

PAINT YOUR OWN CANVAS

SEW A MASCOT

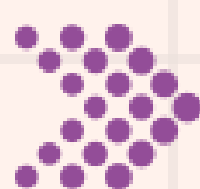
MOVING UP INTO YEAR 7- MAKE A  
SELF-SOOTHE BOX  
EMOTION KEYRINGS

SCAN BARCODE FOR MORE  
INFO AND BOOK YOUR PLACE!



[WWW.FORWARDTHINKINGBIRMINGHAM.NHS.UK/PAUSE](http://WWW.FORWARDTHINKINGBIRMINGHAM.NHS.UK/PAUSE)

Forward Thinking  
Birmingham



The  
Children's  
Society